

TRAFFIC SAFETY AT WORK



Tips to Keep Older Drivers Safer

Older drivers bring experience, valuable skills, and knowledge to the workplace, and are more likely than younger drivers to buckle up and follow the speed limits. Research from the National Institute for Occupational Safety and Health shows that drivers 55 and older

are more likely to die in a work-related crash than their younger counterparts. Employers need to be aware of age-related physical and cognitive changes that older drivers experience and accommodate such changes so that these employees may continue contributing to the workforce.

In 2023 in Kansas, drivers between the ages of 65-74 were involved in 7,283 crashes in which 61 people were killed and 1,853 were seriously injured. Use the following recommendations from the U.S. Centers for Disease Control and Prevention (CDC) to develop safety and health programs that consider older drivers' needs.

- Consider whether the work can be done without driving. Reducing the amount of driving workers do is the most effective way to prevent motor vehicle crashes.
- Set policies that allow drivers to consult with their supervisors to adjust driving hours if they have trouble seeing at night, and to stop driving if they are too tired or the weather is bad.
- Provide refresher driving training that includes topics such as safe-driving strategies, changes in road rules, regulations on distracted driving, and new vehicle safety features.
- Restrict driving based on assessment of actual driving ability, rather than general health status or an arbitrary age limit.
- Give workers general information about the possible effects of prescription and over-the-counter medications on their driving.

If you are an older worker driving as part of your job:

- Talk with your doctor or pharmacist about potential effects of your medications on safe driving.
- Get a thorough eye exam at least every 1-2 years, as your vision may change with age.
- Maintain good health by engaging in regular physical activity, eating a



healthy diet, getting enough sleep, and complying with all health exams and screenings.

- Use a driving self-assessment tool to evaluate your driving.
- Talk with your supervisor if you are having difficulty with driving, as you may need to change your driving habits.



[More on Older Driver Safety](#)

Buzzed Driving is Drunk Driving. Decide to Ride.



At this very merry time of year, it's essential to take some time to remind your employees that impairment from alcohol begins with the first drink. To keep your employees safe and healthy, here are a few things for employers to keep in mind:

1. If alcohol is served at your holiday parties, you should also offer rides to and from the event so no one is tempted to drive after drinking. **Someone who's been drinking shouldn't make decisions about driving. Planning ahead is key.**
2. Remind employees of your company's policy about safe vehicle use on the job.
3. Encourage employees to drive sober when they are off the clock, too. After all, getting a DUI and/or being involved in a wreck would mean having to take time off of work to deal with the many legal, medical, and financial consequences.

Nominate Safe Driving Hero or People Saving People Candidates



The 31st annual KDOT Transportation Safety Conference will be held April 21-22, 2026, in Manhattan, KS.

The Kansas Transportation Safety Awards are presented annually to safety advocates who have made outstanding contributions to the improvement of transportation safety in Kansas.

- The **People Saving People Award** highlights the impressive efforts and achievements of a person or organization that has a positive effect on transportation safety behavior in Kansas.
- The **Hero Award** recognizes an individual who risked their life for someone else when they happen upon a crash, or while trying to prevent the likelihood of a crash.



Deadline to submit nominations is January 30, 2026.

Additional information and nomination forms can be found at <https://www.ksro.org/tsc>.

Kansas Transportation Safety Conference

Let Us Help You



The Kansas Traffic Safety Resource Office offers FREE traffic safety brochures, posters, flyers, and giveaway items.

We can bring FREE safe driving programs and presentations to your community organization or workplace.

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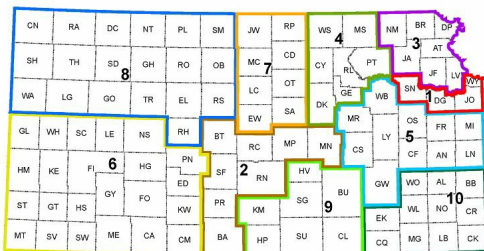


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2025 Kansas Traffic Crash Deaths

331



8.52%



Compared to 1/1/24 - 12/2/24
Preliminary data as of 12/2/25

These are preliminary numbers which can change based on trauma and investigation outcomes.

[List of Drivers Education Schools in Kansas](#)

[National Safety Council Online Defensive Driving Courses](#)

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