

# SAFE

Seatbelts Are For Everyone

## FOCUS ON YOUR FUTURE - DRIVE SAFE

If you've been in SAFE very long, you're well aware that April is Distracted Driving Awareness Month.

I think we all know how dangerous being on your phone is, but I want to talk about the mental distractions. So many of us are going full blast all the time, and that includes our minds.

When we're not completely present while driving because we're busy running through to-do lists, thinking about every cringe conversation we had this week, deep into our audiobook, or dealing with mental health challenges, what we are not doing is being focused on is the road.

If you know that your focus is not going to stay on driving and you don't think some deep breathing and mindfulness will get you there, it's time to find an alternative method to get where you're going.

Please remember that cognitive distractions are VERY present in our lives and behind the wheel, so take care of yourself and your mental health and stay aware of what your mind is doing while you're on the road this distracted driving month!

Buckle up and drive SAFE!

-Courtney Nowland, KTSRO SAFE Specialist



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**Avery Johnson Doesn't Drive Distracted**



**SAFE Student Board Applications Are Due  
May 1!**



Click [HERE](#) to download the SAFE Student Board member application

**REMEMBER TO  
SCHEDULE  
YOUR FINAL  
SURVEYS!**



**Submit surveys by April 30!**

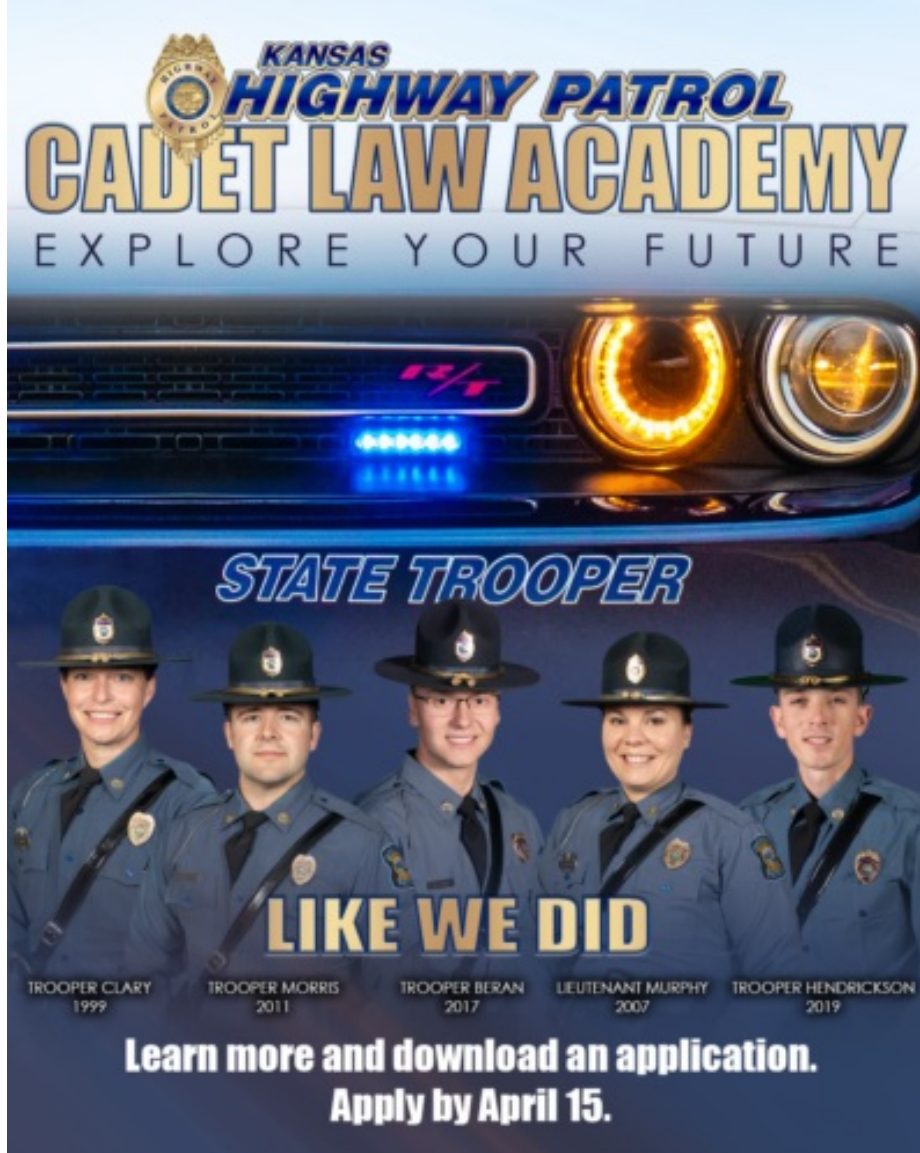
[Submit Surveys Here!](#)





It's time to order  
SAFE graduation  
cords for your  
seniors!

[CLICK HERE TO  
ORDER CORDS](#)



## Cadet Law Academy | Kansas Highway Patrol, KS

June 15-20, 2025

Gain real experience as a Kansas law enforcement officer while still in high school. The Cadet Law Enforcement Academy (CLEA), co-sponsored by the Kansas American Legion, Auxiliary and Kansas Highway Patrol, is held every summer at the Kansas Highway Patrol Training Academy in Salina, Kansas.

**[The deadline to apply has been extended until April 30.](#)**

[CLICK HERE To Learn More](#)

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**Getting Started - Kansas Safe Routes to School**





Registering your school in the Kansas Safe Routes to School (SRTS) program gets you on our email list and gives you access to SRTS resources, events, and networks to help promote walking, biking, and rolling to school. Fill out this short enrollment form below to get started!

[Read More](#)

## SAFE PICTURES



Basehor-Linwood High School







## Jefferson West High School

# Donut Delivery



Members of the Sublette National Honor Society and the SAFE Club (**Seatbelts Are For Everyone**) food their own sweet version of a stakeout on Friday, March 28th. We had Ian watching the crosswalks while the girls- Lexi, Destiny, Jasee, Rhianna, Azailee, and Trista-kept an eye on the vehicle pas-

sengers. Pedestrians crossing safely at the crosswalks and individuals who were sighted wearing their seatbelt were given a ticket that they could exchange from Victoria, Officer Meng, and Mrs. Garetson

for a fresh Daylight Donut. It was a fun start to Friday at SHS for faculty, staff, and students and a great reminder to do what you should even when no one is watching.

## Sublette High School





**SAFE Student Board Members at  
Drive To Zero Day At The Capitol**

## Caught your SAFE team doing good?



If your school is holding a pledge card signing event, conducting seat belt surveys, hosting a special guest, or doing anything else related to driving safely, **WE WANT TO KNOW ABOUT IT!**

[CLICK HERE TO EMAIL PHOTOS TO US!](#)

## Booster to Belts Program

Want to educate kiddos about booster seat safety AND earn a little coin in the process? Sign up to present the **FREE** Booster to Belts program to Kindergarten-3rd graders in your community!

- 20-minute presentation
- Share the importance of booster seat safety
- Fun AND interactive
- Coloring sheets, prizes, and MORE!
- Customize the presentation w/ additional activities (e.g., height & weight checks, Booster Rooster visits, word searches, etc.)



[Click Here To Sign Up!](#)



THANK YOU, PARTNERS!

**KANSAS TRAFFIC SAFETY  
RESOURCE OFFICE**







**Kansas Troopers Foundation**



[Click Here To Subscribe To This Newsletter](#)

**Stay connected with us through the school year.**

SAFE | 800-416-2522 | [safeks@dccca.org](mailto:safeks@dccca.org) | [ktsro.org/safe](http://ktsro.org/safe)



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