

Kansas Health Education Standards

In following the tradition of educational excellence for Kansas schools, the Kansas Traffic Safety Resource Office is pleased to inform you that the *SafetyBreaks!* program meets the following Kansas Health Education Standards for grades 5-8:

Standard 1: The student will comprehend concepts related to health promotion and disease as related to:

c. Injury prevention and safety

- Benchmark 3: The student will describe the influence of family, community, and peer on adolescent health decisions.
 - Proficient Indicator: discuss the impact of social group influences on determining health decisions.

- Benchmark 5: (2) The student will recognize personal and bodily risks of: Unintentional injury such as vehicle and industrial accidents.
 - Advanced Indicator: Demonstrate a thorough understanding of the risks, prevention, and possible outcomes of intentional and unintentional injuries.

Standard 3: The student will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

- Benchmark 3: The student will recognize risky and harmful health behaviors.
 - Advanced indicator: Independently assess health behaviors and determine their degree of risk.

Standard 4: The student will analyze the influence of culture, media, technology and other factors on health.

- Benchmark 2: The student will analyze how messages from media and other sources influence health behaviors.
 - Partially Proficient Indicator: Identify one media and other source that influence health behavior.

Standard 7: The student will demonstrate the ability to advocate for personal, family, and community health.

- Benchmark 2: Students share information and express opinions about current issues in health.
 - Advanced Indicator: Gather and articulate information and share opinions about current issues in health.