



# SAFETY BELT FIT TEST

**Test all children under age 13 to be sure they are big enough to safely wear the adult safety belt without a booster seat:**

1. Have the child sit all the way back on the vehicle seat. Check to see if their knees bend at the front edge of the seat. If they bend naturally, move to the next step. **If they do not, return to the booster seat.**
2. Buckle the lap and shoulder belts. Be sure the lap belt lies on the upper legs or hips. If it stays on the upper legs or hips, move to the next step. **If it does not, return to the booster seat.**
3. Be sure the shoulder belt lies on the shoulder or collarbone. If it lies on the shoulder, move on to the next step. **If it is on the face or neck, return to the booster seat. DO NOT place the shoulder belt under the arm or behind the child's back!**
4. Be sure your child can maintain that correct seating position for as long as you are in the car. If your child begins to slouch or shift positions so the safety belt contacts the face, neck, or stomach, **return your child to the booster seat until all the tests steps can be met.**

**Require your child to use a safety belt in every vehicle, every time, whether or not you are there to remind him or her!**



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