

Standard 1: The student will comprehend concepts related to health promotion and disease prevention as related to:

- (a) nutrition
- (b) prevention and control of disease
- (c) injury prevention and safety
- (e) mental and emotional health
- (f) substance abuse, misuse, abuse, and addiction
- (g) environmental health

Benchmark 3: The student will describe the influence of family, community, and peer on adolescent health decisions.

Proficient Indicator: Discuss the impact of social group influences on determining health

Benchmark 5: The student will recognize personal and bodily risks of: (1) intentional injury such as harassment, date rape, assault, and suicide (2) unintentional injury such as vehicle and industrial accidents.

Advanced Indicator: Demonstrate a thorough understanding of the risks, prevention, and possible outcomes of intentional and unintentional injuries.

Standard 3: The student will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

Benchmark 3: The student will recognize risky and harmful health behaviors

Advanced Indicator: Independently assess health behaviors and determine their degree of risk.

Standard 4: The student will analyze the influence of culture, media, technology, and other factors of health.

Benchmark 2: The student will analyze how messages from media and other sources influence health behaviors.

Partially Proficient Indicator: Identify one media and other source that influence health behavior.

Standard 7: The student will demonstrate the ability to advocate for personal, family, and community health.

Benchmark 2: Students share information and express opinions about current issues in health.

Advanced Indicator: gather and articulate information and share opinions about current issues in health.